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NEBRASKA WIC PROGRAM

Procedure Title: Length of
Certification Periods

### **Purpose**

Describe time frames for certification periods for each category of eligible clients.

### **Pregnant Woman**

A pregnant woman will be certified at time of entrance into the Program for the duration of her pregnancy <u>and</u> for up to 6 weeks postpartum.

A pregnant woman who is certified as presumptively eligible is eligible for the duration of her pregnancy and for up to six weeks postpartum only if she is determined at nutritional risk within sixty days of the date of certification. If she is found to not be at risk when the nutritional assessment is done, she would no longer be eligible to receive program benefits and would be terminated effective immediately.

### Pregnant Woman Who Miscarries & Becomes Pregnant Within Six Weeks of The Miscarriage

A pregnant woman who experiences a miscarriage during a current certification period and who becomes pregnant within the six week period following the miscarriage would need to be recertified as a pregnant woman.

Since the information used to determine risk must be reflective of the current pregnancy a full certification must be done, including height, weight, hemoglobin, and health assessment. Refer to Volume II, Section B of the procedure manual for more detail on information collection and risk assessment

# Postpartum Woman (Non Breastfeeding)

A woman who participated in the Program during pregnancy will be certified within 6 weeks of termination of pregnancy for a period up to 6 months postpartum (based on delivery date).

A woman whose pregnancy ends due to miscarriage or abortion will be certified within 6 weeks of the miscarriage or abortion for a period up to 6 months postpartum (based on date of miscarriage or abortion).

A woman who was enrolled in WIC during pregnancy, but failed to return for certification within six weeks after the birth of her infant may be enrolled any time up to 6 months postpartum.

A postpartum woman who was not enrolled during pregnancy may be certified at any time up to 6 months postpartum.

# Postpartum Woman (Non Breastfeeding) (cont.)

The woman must be terminated at 6 months postpartum (based on delivery date) regardless of when she was certified.

Program benefits should be issued until the <u>end</u> of the 6th benefit month after delivery.

### Postpartum Woman Who Becomes Pregnant Within 6 Months of Delivery

A woman who becomes pregnant again before she is 6 months postpartum, would be scheduled for a certification visit as soon as possible after staff are notified of the pregnancy. Until the certification appointment she would receive checks for a postpartum woman. After she has been certified as a pregnant woman she would receive benefits as a pregnant woman through the certification period.

# **Breastfeeding** Woman

A breastfeeding woman who participated in the Program during her pregnancy will be certified within 6 weeks of termination of pregnancy as a breastfeeding woman. This client would continue to receive benefits as a pregnant woman until she is certified as breastfeeding.

A breastfeeding woman who did not participate in the program during pregnancy or who did not return to be certified after the end of pregnancy may be certified at any time during the one year postpartum period.

A woman who is breastfeeding may be certified until 1 year postpartum or until she stops breastfeeding, whichever occurs first.

A breastfeeding woman's certification ends with the last day of the benefit month that begins before and ends after the infant's first birthday.

Example: An infant was born on November 10<sup>th</sup> and is 7 months old in June – certify mom through the end of November or terminate when she discontinues breastfeeding.

Situation 1: Mom comes to clinic on September 10<sup>th</sup> and receives bimonthly checks for September and October. The last date to use on the October checks is November 9<sup>th</sup>. She returns to clinic on November 10<sup>th</sup> to pick up checks. Since the last date to use on the October checks she received is before the infants first birthday mom would receive one month's checks and notification that her benefits are about to expire.

Situation 2: Mom comes to clinic on September 20<sup>th</sup> and receives bimonthly checks for September and October. The last date to use on the October checks is November 19<sup>th</sup>. Since the last date to use is after the infant's first birthday mom would receive notification that her benefits are about to expire and would not receive any additional checks in November.

Breastfeeding
Woman Who Stops
Breastfeeding During
a Current
Certification Period
That is Within 6
Months After
Delivery

When a certified breastfeeding woman stops breastfeeding any time before her infant is 6 months old a CPA should evaluate her risk status as a postpartum woman using the risks identified during the postdelivery certification. IF:

- ♦ The mother has a nutritional risk that would have made her eligible as a postpartum woman at the post-delivery certification, change her status to a postpartum woman and continue issuing benefits until 6 months postpartum.
- ◆ The woman has no independent risks which would have made her eligible as a postpartum woman at the post-delivery certification she would be found ineligible.

She would receive one month's benefits according to the procedure found in Volume I, Section E, page 2c of the WIC Procedure Manual.

She must be notified of ineligibility following the procedure in Volume I, Section E, page 3a-3b.

She must be terminated from the program and her record terminated in the computer system.

The woman had no independent risks at the post-delivery certification visit that would qualify her as a postpartum woman, AND she requests to be reevaluated using current risks she must be offered an appointment to reapply that is within the next 20 calendar days. See Volume I, Section B, Page 1b.

Breastfeeding Woman Who Stops Breastfeeding During a Current Certification Period That Is Between 6 Months and 1 Year After Delivery If a breastfeeding woman stops breastfeeding any time after six months postpartum, but before the infant's first birthday, she would be terminated with the required 15 days advance written notice.

◆ Program benefits should be issued through the benefit month ineligibility is determined. See Volume I, Section E of the Nebraska WIC Procedure Manual.

Breastfeeding Woman Who Becomes Pregnant During a Current Certification Period A breastfeeding woman who becomes pregnant during a valid certification period should be recertified as a pregnant woman as soon as possible, but no later than 10 days after notifying staff of the pregnancy.

The processing standards begin with the date the woman tells staff she is pregnant.

Breastfeeding Woman Who Becomes Pregnant During a Current Certification Period (cont.) The client's breastfeeding record would need to be terminated in the computer system before re-enrolling her as a pregnant woman.

Breastfeeding
Woman Whose
Infant is Receiving
More Than ½ the
Amount of Formula
Provided to Fully
Formula Fed Infants

The client would continue their program eligibility until 1 year postpartum. They would not receive checks. They would receive all other program benefits such as health & nutrition education and referrals.

• Checks should be issued through the benefit month her infant is provided with formula in an amount greater than ½ the amount provided to a fully formula fed infant. See Volume I, Section E of the Nebraska WIC Procedure Manual for details on notifying the client of this change to her benefits.

#### Infant

Infants under 6 months of age at the time of initial certification will be certified up to their first birthday.

- ◆ To assure that the quality and accessibility of health care services are not diminished, length, weight, hematocrit/ hemoglobin (optional), health history, and diet history must be taken at approximately the middle of the certification period for those infants whose certification period is 9 or more months long. The biochemical (optional), anthropometric, health and nutritional findings will affect the certification (risk codes, etc.), and will be used for updating education and referrals.
- ◆ The biochemical and anthropometric data is to be entered into the computer system as a change. Changes are to be made to risk codes only if additional risk(s) are identified.
- ◆ The growth chart and Infant Health Assessment are to be updated.
- ◆ Nutrition education will be made available at a quarterly rate, that is, approximately every three months. Therefore an infant may require up to 4 nutrition education contacts over a certification period.

Infants who are 6 months of age or over at the initial certification will be certified for a period of 6 months.

Category change from infant to child should take place at one year of age.

## Breastfed Infant Who's Mother Stops Breastfeeding Before 1 Year of Age

When a breastfeeding woman stops breastfeeding before the infant is one year of age, the infant's status must be changed to Infant Fully Formula Fed (IFF).

The infant would continue to receive benefits without interruption until the end of the certification period.

#### Child

A child will be certified at time of entrance into the Program and at 6 month intervals thereafter.

A child shall be terminated from the WIC Program no later than the end of the month of his fifth birthday.

Program benefits should be issued through the benefit month in which the child has their fifth birthday.

Example: A child turns five on January 28<sup>th</sup>.

Situation 1: The child comes to clinic on November 16<sup>th</sup> and receives bimonthly checks. The last date to use on the checks is January 17<sup>th</sup>. He returns to clinic on January 18<sup>th</sup>. He receives one month' checks and notification that benefits are about to expire because the last date to use (January 18<sup>th</sup>) is before his fifth birthday.

Situation 2: The child comes to clinic on November 28<sup>th</sup> and receives bimonthly checks. The last date to use on the checks is January 29<sup>th</sup>. He would receive notification that benefits are about to expire when checks are issued in November. He does not receive checks in January because the last date to use is January 29<sup>th</sup> which is the day after he turns five years old.

### Persons Found Ineligible During A Certification Visit

If a person is found ineligible during a certification visit, checks are not to be issued. The applicant is to be given written notice of Ineligibility, see Volume I, Section E.